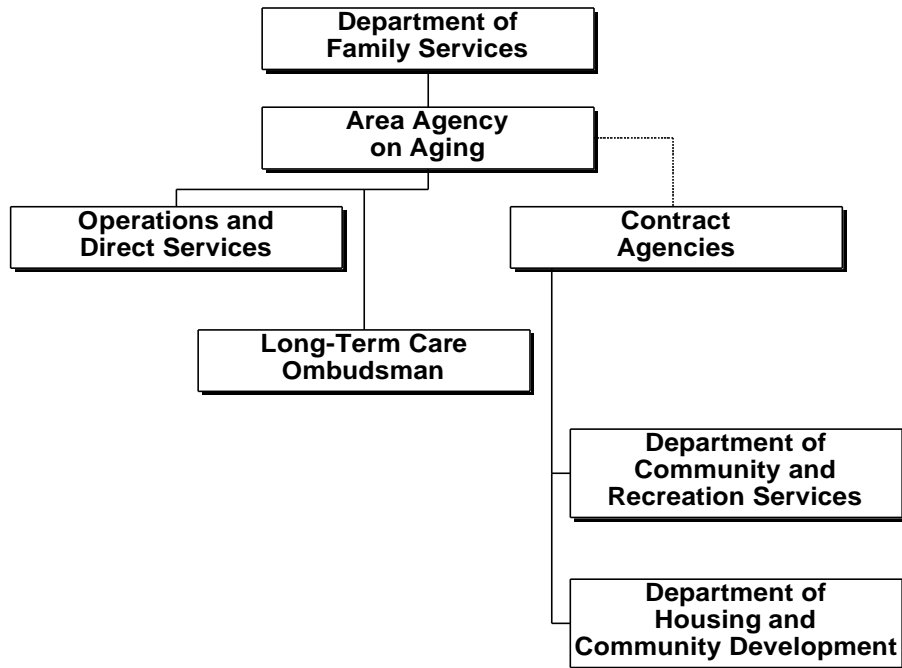


# FAIRFAX COUNTY AREA AGENCY ON AGING



# **FUND 103**

## **AGING GRANTS AND PROGRAMS**

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### **Agency Position Summary**

34 Grant Positions / 32.5 Grant Staff Years

### **Position Detail Information**

#### **DEPARTMENT OF FAMILY SERVICES**

##### **OPERATIONS AND DIRECT SERVICES**

###### **Community-Based Social Services**

1	Human Services Program Manager
1	Human Services Coordinator II
1	Human Services Coordinator I
1	Volunteer Services Program Manager
1	Volunteer Services Coordinator II
1	Volunteer Services Coordinator I, PT
1	Secretary I, PT
1	Clerical Specialist, PT
8	Positions
6.5	Staff Years

###### **Care Coordination for the Elderly Virginian**

1	Social Work Supervisor (1 T)
2	Social Workers II (2 T)
1	Social Worker III (1 T)
1	Mental Health Therapist II (1 T)
2	Public Health Nurses II (2 T)
1	Management Analyst I (1 T)
1	Secretary I (1 T)
9	Positions (9 T)
9.0	Staff Years (9.0 T)

###### **Home Delivered Meals**

1	Human Services Coordinator III
1	Human Services Coordinator II
2	Human Services Coordinators I
4	Positions
4.0	Staff Years

###### **LONG-TERM CARE OMBUDSMAN**

1	Long-Term Care Ombudsman
2	Long-Term Care Assistant Ombudsmen
3	Positions
3.0	Staff Years

#### **DEPARTMENT OF COMMUNITY AND RECREATION SERVICES**

###### **Congregate Meals**

5	Recreation Specialists II
5	Recreation Specialists I
10	Positions
10.0	Staff Years
PT	Denotes Part-Time Positions
(T)	Denotes Transferred Positions

## FUND 103

### AGING GRANTS AND PROGRAMS

#### AGENCY MISSION

*To promote and sustain a high quality of life for older persons residing in Fairfax County by offering a mixture of services, provided through the public and private sectors, that maximize personal choice, dignity, and independence.*

AGENCY SUMMARY					
Category	FY 1999 Actual	FY 2000 Adopted Budget Plan	FY 2000 Revised Budget Plan	FY 2001 Advertised Budget Plan	FY 2001 Adopted Budget Plan
Authorized Positions/Staff Years					
Regular	0/ 0	0/ 0	0/ 0	1/ 1	0/ 0
Grant	25/ 23.25	25/ 23.25	25/ 23.5	34/ 32.25	34/ 32.5
Expenditures:					
Personnel Services	\$972,996	\$970,047	\$1,242,635	\$1,556,495	\$1,523,589
Operating Expenses	1,656,594	1,817,623	2,315,573	2,431,634	2,022,853
Capital Equipment	2,901	0	0	0	0
<b>Total Expenditures</b>	<b>\$2,632,491</b>	<b>\$2,787,670</b>	<b>\$3,558,208</b>	<b>\$3,988,129</b>	<b>\$3,546,442</b>
Revenue:					
Federal	\$1,028,553	\$967,408	\$1,258,459	\$997,246	\$997,246
State	408,139	394,888	440,854	778,493	778,493
Project Income	256,667	254,109	333,835	269,361	269,361
Other Jurisdictions'					
Share of the					
Ombudsman Program	55,829	63,162	60,430	63,162	63,162
City of Fairfax	31,638	31,638	31,638	33,013	33,013
City of Falls Church	34,793	34,793	34,793	36,306	36,306
Private Corporations	27,651	13,947	22,052	15,116	15,116
<b>Total Revenue</b>	<b>\$1,843,270</b>	<b>\$1,759,945</b>	<b>\$2,182,061</b>	<b>\$2,192,697</b>	<b>\$2,192,697</b>
<b>Net Cost to the County</b>	<b>\$789,221</b>	<b>\$1,027,725</b>	<b>\$1,376,147</b>	<b>\$1,795,432</b>	<b>\$1,353,745</b>

### Board of Supervisors' Adjustments

*The following funding adjustments reflect all changes to the FY 2001 Advertised Budget Plan, as approved by the Board of Supervisors on April 24, 2000:*

- The 2.5 percent cost-of-living/market rate adjustment approved by the Board of Supervisors, and previously held in reserve, has been spread to County agencies and funds. This action results in an increase of \$36,674 to Aging Grants and Programs.
- A decrease of \$478,361 and 1/1.0 SYE merit regular Management Analyst III position is associated with the transfer of the Senior Transportation Initiative from Aging Grants and Programs to the Department of Transportation. This amount includes a decrease of \$69,580 in Personnel Services and a decrease of \$408,781 in Operating Expenses, which is comprised of \$250,000 for the Taxi-Cab Voucher Pilot program, \$96,945 for the pilot to expand the FASTRAN Dial-a-Ride program, \$54,836 to contract for volunteer coordination services, and \$7,000 in operating costs associated with the Management Analyst III position.

## **FUND 103**

### **AGING GRANTS AND PROGRAMS**

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*The following funding adjustments reflect all approved changes to the FY 2000 Revised Budget Plan from January 1, 2000 through April 17, 2000. Included are all adjustments made as part of the FY 2000 Third Quarter Review:*

- Expenditures in Aging Grants and Programs are increased by \$116,525 to \$3,558,208. This increase is due to increases of \$65,194 in the Congregate Meals program, \$21,888 in the Long-Term Care Ombudsman program, \$21,454 in the Fee For Services (Homemaker) program, \$6,339 in the Home Delivered Meals program, and \$1,650 in the Community Based Social Services program.
- An increase in projected revenue of \$58,124 is primarily due to increases of \$40,966 in State funding and \$21,506 in Congregate Meals donations. These increases are partially offset by a net decrease of \$4,348 in other revenues due to miscellaneous adjustments based on the most current estimates of anticipated revenue.

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### **County Executive Proposed FY 2001 Advertised Budget Plan**



#### **Agency Overview**

Fund 103, Aging Grants and Programs, was established as a Special Revenue Fund in FY 1987 to reflect in one budget the various programs administered through the Fairfax Area Agency on Aging (FAAA), which includes developing and coordinating the Plan of Aging Services for Fairfax County, as well as the cities of Fairfax and Falls Church.

In FY 2001, as in the past, the FAAA will function as the focal point for the network of County and private sector agencies serving the interests of the elderly. The FAAA plays a key role linking practice and policy for Fairfax County and will continue to serve as an advocate for the needs of seniors. The agency will help seniors remain in the community through the administration of those social service programs that deal with older persons whose needs are varied and who may require the intervention of one or more agency services. The Fairfax Area Commission on Aging, appointed by the Board of Supervisors and the Cities of Fairfax and Falls Church, serves as the official advisory body to the FAAA.

Volunteerism is an integral part of FAAA program operations, allowing citizens the opportunity to assist older persons and allowing seniors to become actively involved in community service. The agency operates programs that serve older persons, as well as programs that utilize older persons as resources to the community. Approximately 2,500 individuals volunteer their time for FAAA-sponsored programs.

In terms of funding, the Title III-C1 Congregate Meals program will continue to be the largest program administered in Fund 103. While DFS has oversight of Fund 103, two other County agencies have primary responsibility for administering the Congregate Meals program:

- The Department of Housing and Community Development administers the meal programs at three County-owned residential facilities, the Lewinsville Senior Residence, the Lincolnia Senior Residence, and the Little River Glen Senior Residence. Lewinsville offers three meal programs—an evening meal for residents; breakfast, lunch, and snack for the Adult Day Health Care program; and a congregate noon meal. Lincolnia, the largest of three residences, provides four meal programs—a three-meal-per-day plan for the more frail adults in the Assisted Care Facility; an evening meal for the Lincolnia Congregate Housing residents; breakfast, lunch, and snack for the Adult Day Health Care program; and a congregate noon meal. Little River Glen provides one congregate noon meal and staff members prepare breakfast, lunch, and snacks for the Annandale Adult Day Health Center and the Mt. Vernon Adult Day Health Center. In FY 2001, an estimated 112,253 meals will be served at these five facilities. Beginning in FY 2001, the Department of Housing and Community Development will provide an additional two meals and a snack per participant per day at the Herndon Harbor House Adult Day Health Care Center upon its opening, scheduled for January 2001.

## **FUND 103**

### **AGING GRANTS AND PROGRAMS**

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- The Department of Community and Recreation Services will continue to administer the congregate noon meal at 15 existing Senior Centers and one Adult Day Health Care Center. In FY 2001, an estimated 96,577 meals will be served at these 16 facilities.

Other programs administered as part of Fund 103 include:

- The Title III-C2 Home Delivered Meals Program provides meals to frail seniors who are homebound, unable to prepare their own meals, and are without informal or formal care giver support to help in the preparation of meals. In FY 2000, the agency estimates it will serve 259,005 meals through this program.
- The Title III-B transportation program, which provides an estimated 8,982 one-way trips for Fairfax County residents aged 60 and older who require transportation to Groveton, Bailey's Crossroads, and Gum Springs congregate meal sites.
- The Northern Virginia Long-Term Care Ombudsman Program is jointly funded by Fairfax County, Arlington County, Prince William County, Loudoun County, and the City of Alexandria. The goals of this program are to investigate and help resolve complaints concerning nursing homes, assisted care facilities, and community-based home care.
- The Care Coordination for the Elderly Virginian (CCEV) grant, formerly called Case Management for Elderly Virginians, has been moved from Fund 102 into Fund 103, Aging Grants and Programs, since it is considered part of the Area Plan of Aging Services. It is a joint program of Fairfax County's Department of Family Services (DFS), the Fairfax Area Agency on Aging, the Department of Health, the Community Services Board, and the Department of Systems Management for Human Services. The marked structural difference in the CCEV model from traditional adult services is the initial multidisciplinary approach to the assessment and care plan development process. Moreover, in the CCEV model, case managers from all disciplines have direct access to authorize long-term care services that are administered under DFS, the FAAA, and the Health Department.
- The Senior Transportation Initiative will begin in FY 2001 with the goal of improving the marketing of public transit services to seniors, establishing a hotline to answer seniors' questions about transportation options in the County, improving coordination between transit planning and public transit entities, developing a network of volunteers and organizations to provide transportation to seniors, establishing a Pilot Taxi-Cab Voucher Program to subsidize taxi costs for seniors, and establishing a pilot program to expand the FASTRAN Dial-a-Ride Program. Funding of \$478,361 and 1/1.0 SYE position have been included in FY 2001 to support these goals.



### ***Funding Adjustments***

*The following funding adjustments from the FY 2000 Revised Budget Plan are necessary to support the FY 2001 program:*

- An increase of \$31,663 due to the implementation of the new Pay for Performance program in FY 2001. The new system links annual pay increases to employee performance.
- An increase of \$15,435 due to the implementation of the Market Pay Study. As a result of the Study, incumbents in job classes that are found to be one grade below the market will be moved to the appropriate grade and receive a 2.0 percent market adjustment. Incumbents in classes found to be two or more grades below the market will be moved to the appropriate grade and receive a 4.0 percent market adjustment. In addition, funding is held in reserve to provide all employees with a 2.5 percent cost-of-living/market adjustment.
- An increase of \$69,580 in Personnel Services associated with the Senior Transportation Initiative program will support 1/1.0 SYE merit regular Management Analyst III position. This includes \$56,000 in Regular Salaries and \$13,580 in Fringe Benefits.

## **FUND 103**

### **AGING GRANTS AND PROGRAMS**

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- A net increase in Personnel Services of \$187,888 reflects an increase of \$443,850 due to the transfer of the Care Coordination for the Elderly Virginian grant and the associated 9/9.0 SYE grant positions from Fund 102 to Fund 103. This increase is partially offset by a decrease of \$255,962 due to the carryover of unexpended FY 1999 grant funds to FY 2000. Carryover of grant funds is necessary because grant program years generally run from October 1 to September 30, while the County's fiscal year runs from July 1 to June 30.
- An increase of \$408,781 in Operating Expenses to support the Senior Transportation Initiative. This includes \$250,000 for the Taxi-Cab Voucher Pilot program, \$96,945 for the pilot to expand the FASTRAN Dial-a-Ride program, \$54,836 to contract for volunteer coordination services, and \$7,000 in operating costs associated with the Management Analyst III position.
- A net decrease in Operating Expenses of \$166,901 primarily reflects a decrease of \$293,672 due to the carryover of unexpended FY 1999 grant funds to FY 2000. Carryover of grant funds is necessary because grant program years generally run from October 1 to September 30, while the County's fiscal year runs from July 1 to June 30. The \$293,672 decrease is partially offset by increases of \$61,271 in the Congregate Meals program area and \$65,500 in the Home Delivered Meals program area, both due to increasing contract costs to provide the meals and an increase in the number of clients served.

*The following funding adjustments reflect all approved changes in the FY 2000 Revised Budget Plan since passage of the FY 2000 Adopted Budget Plan. Included are all adjustments made as part of the FY 1999 Carryover Review and all other approved changes through December 31, 1999:*

- As part of the FY 1999 Carryover Review, an increase of \$584,381 reflects the carryover of unspent FY 1999 grant funds to FY 2000. Carryover of grant funds is necessary because grant program years generally run from October 1 to September 30, while the County's fiscal year runs from July 1 to June 30.
- As part of the FY 1999 Carryover Review, a decrease of \$51,735 associated with the deobligation of expired or prior year grants.
- As part of the FY 1999 Carryover Review, an increase of \$8,000 reflects the appropriation of \$3,000 in Federal funds for the Senior Patrol Project combating Medicare fraud and \$5,000 in State funding for the implementation of a Statewide long-term care database.
- As part of the FY 1999 Carryover Review, an increase of \$113,367 in encumbered carryover.



### **Objectives**

- To maintain at 80 percent, the percentage of elderly persons and adults with disabilities receiving case management services who remain in their homes after one year of service or who are in their own home at termination of services.
- To maintain at 95 percent, the percentage of seniors receiving community-based services who remain living in the community rather than entering an institution after one year of service or information.
- To maintain at 20 percent for home-delivered meals and 80 percent for congregate meals, the percentage of clients served who scored at or below a moderate risk category on the Nutritional Screening Initiative (NSI), a risk tool, in order to maximize personal health.
- To meet the State standard by maintaining the percent of Adult Protective Services (APS) and Ombudsman investigations completed within 45 days at 91 percent or more, in order to protect vulnerable adults.

# FUND 103

## AGING GRANTS AND PROGRAMS



### Performance Indicators

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 1997 Actual	FY 1998 Actual	FY 1999 Estimate/Actual	FY 2000	FY 2001
<b>Output:</b>					
Adult and Aging/Long-Term Care clients served <sup>1</sup>	1,349	1,785	2,000 / 2,017	2,200	2,400
Clients served with community-based services (CBS)	5,216	4,918	5,364 / 6,200	6,257	6,290
Meals provided	412,556	426,766	428,766 / 425,005	441,343	467,835
APS and Ombudsman investigations conducted	779	762	807 / 887	923	964
<b>Efficiency:</b>					
Cost per Adult and Aging/Long-Term Care Client <sup>2</sup>	NA	\$4,216	\$3,860 / \$3,347	\$3,509	\$3,327
Cost per CBS client <sup>3</sup>	NA	\$95	\$95 / \$73	\$71	\$79
Cost per meal	NA	\$7	\$7 / \$7	\$8	\$8
Cost per investigation	NA	\$1,383	\$1,417 / \$1,330	\$1,204	\$1,330
<b>Service Quality:</b>					
Percent of Adult and Aging/Long-Term Care clients satisfied with services <sup>4</sup>	NA	NA	NA / 92.8%	90.0%	90.0%
Percent of CBS clients satisfied with the information and services <sup>4</sup>	NA	NA	NA / 96.3%	95.0%	95.0%
Percent of clients satisfied with meal quality and quantity <sup>4</sup>	NA	NA	NA / 98%	95%	95%
Investigations completed within the State standard of 45 days	671	729	773 / 852	876	916
<b>Outcome:</b>					
Percent of clients who remain in their homes after one year of services	NA	NA	60% / 83%	80%	80%
Percent of CBS clients who remain in community after one year of service or information	NA	NA	95% / 99%	95%	95%
Percent of Home Delivered Meals/Congregate Meals clients served who score at or below a moderate nutritional risk category	NA	NA	20% / 80% / NA / 77%	20% / 80%	20% / 80%
Percent of investigations completed within 45 days	NA	95%	95% / 96%	95%	95%

<sup>1</sup> Beginning in FY 1999, indicator includes all Adult and Aging clients.

<sup>2</sup> FY 1999 decrease in unit cost is due to over-accruals in previous years that the agency is in the process of correcting.

<sup>3</sup> FY 1999 decrease in cost per client is due to a change in the methodology for counting clients.

<sup>4</sup> FY 1999 is baseline year for satisfaction data.

# FUND 103

## AGING GRANTS AND PROGRAMS

### FUND STATEMENT

Fund Type G10, Special Revenue Funds

Fund 103, Aging Grants and Programs

	FY 1999 Actual	FY 2000 Adopted Budget Plan	FY 2000 Revised Budget Plan	FY 2001 Advertised Budget Plan	FY 2001 Adopted Budget Plan
<b>Beginning Balance</b>	<b>\$423,295</b>	<b>\$99,835</b>	<b>\$465,175</b>	<b>\$157,490</b>	<b>\$99,089</b>
Revenue:					
Federal Funds	\$1,028,553	\$967,408	\$1,258,459	\$997,246	\$997,246
State Funds	408,139	394,888	440,854	778,493	778,493
Project Income	256,667	254,109	333,835	269,361	269,361
Other Jurisdictions' Share of Ombudsman Program	55,829	63,162	60,430	63,162	63,162
City of Fairfax	31,638	31,638	31,638	33,013	33,013
City of Falls Church	34,793	34,793	34,793	36,306	36,306
Private Corporations	27,651	13,947	22,052	15,116	15,116
Total Revenue	\$1,843,270	\$1,759,945	\$2,182,061	\$2,192,697	\$2,192,697
Transfer In:					
General Fund (001)	\$831,101	\$1,010,061	\$1,010,061	\$1,700,973	\$1,259,286
COLA/MRA Reserve	0	0	0	36,674	0
Total Transfer In	\$831,101	\$1,010,061	\$1,010,061	\$1,737,647	\$1,259,286
<b>Total Available</b>	<b>\$3,097,666</b>	<b>\$2,869,841</b>	<b>\$3,657,297</b>	<b>\$4,087,834</b>	<b>\$3,551,072</b>
Grant Expenditures:					
<b>67450G</b> , Title III B, Community-Based Social Services	\$507,854	\$501,742	\$619,500	\$542,533	\$550,549
<b>67451G</b> , Title VII Ombudsman	174,819	176,601	223,463	190,445	195,101
<b>67452G</b> , Fee for Services/ Homemaker	166,995	181,040	202,494	202,494	202,494
<b>67453G</b> , Title III C(1) Congregate Meals	1,271,533	1,355,492	1,785,874	1,445,579	1,453,833
<b>67454G</b> , Title III C(2) Home-Delivered Meals	511,290	572,795	726,877	633,820	638,245
<b>67455G</b> , Care Coordination for the Elderly Virginian	0	0	0	494,897	506,220
<b>67456G</b> , Senior Transportation Initiative	0	0	0	478,361	0
Total Grant Expenditures	\$2,632,491	\$2,787,670	\$3,558,208	\$3,988,129	\$3,546,442
COLA/MRA Reserve	0	0	0	36,674	0
<b>Total Disbursements</b>	<b>\$2,632,491</b>	<b>\$2,787,670</b>	<b>\$3,558,208</b>	<b>\$4,024,803</b>	<b>\$3,546,442</b>
<b>Ending Balance</b>	<b>\$465,175</b>	<b>\$82,171</b>	<b>\$99,089</b>	<b>\$63,031</b>	<b>\$4,630</b>